

**Bureau of Elder and Adult Services
Maine's State Unit on Aging**
www.state.me.us/dhs/beas/welcome.htm

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Mission

To provide services, education and consultation in order to promote optimal independence for older citizens and for adults in need of protective or supportive services.

Major Programs

Adult Protective Services: Provides and arranges for services to protect incapacitated or dependent adults, age 18+, (excluding persons with Mental Retardation) who need protection from abuse, neglect or exploitation. Protective services may include seeking guardianship, conservatorship or a protective order under the Probate statute. Selected activities:

- Maintains a statewide intake center that responded to more than 14,000 calls in FY 2003 (increase of 7.7% over 2002).
- Investigated 2,848 reports of alleged abuse, neglect or exploitation in FY 2003.
- Provided services to 765 Public Wards/Protected Persons.
- Coordinates DHHS implementation activities under the AMHI Consent Decree.
- Partners with law enforcement and public and community agencies to raise public awareness of the vulnerability of persons with disabilities and older adults.

Community Resource Development: Implements activities related to facility-based services. Selected activities:

- Licenses and investigates complaints in about 750 Assisted Living Programs, Residential Care Facilities and Adult Day Programs.
- Provides information and completes necessary prior approvals for participation in MaineCare for new Nursing Facility, Assisted Living, Adult Family Care, Residential Care (for elders and persons with brain injury, Alzheimer's disease, AIDS, blindness, and public wards with mental illness), Assisted Living and Adult Day Care providers.
- Responsible for Certificate of Need for nursing facility and hospital projects, including changes of ownership, management agreements, renovation and construction.

- Works with the Ombudsman program to enhance the quality of care.
- Responsible for workforce training curriculum for Personal Support Specialists and Certified Residential Medication Aides.

Advocacy: BEAS is designated as the State Unit on Aging under the federal Older Americans Act. It advocates for the needs of Maine's older citizens. Selected activities:

- Publishes 20,000 copies each of BEAS *Resource Directory for Older People in Maine, Home Care: Where to Find It, and Aging: Taking Care of Business*.
- Coordinates BEAS legislative initiatives and annually publishes *The Report on and Brief Description of Legislation Relating to Elder and Adult Services*.
- Funds and supports Legal Services for the Elderly, Inc. and Long-term Care Ombudsman Programs, which together serve close to 8,000 people per year.
- Conducts programs on advance directives and other legal planning tools for elders and their families through community and statewide organizations.
- Advises BEAS on formulation and implementation of programs and services.

Community Services: Assists older people to remain independent in their homes and communities. Services are delivered via contracts with community agencies, primarily the five Area Agencies on Aging. Selected activities:

- Assisted over 30,000 people in SFY 2004 with education about Medicare and other health insurance issues, and provided information and assistance.
- Sponsors the Maine Senior FarmShare Program, now in its fourth year, with the Maine Department of Agriculture. It provides \$100 in fresh unprocessed produce to approximately 7000 elders with low income. Many others receive local produce through food banks or through nutrition programs run by the area agencies on aging.
- Served 14,000 older people meals at home or at community sites during 2003.
- Conducts statewide drug pricing surveys and publishes "Prescription Drug Assistance: A Guide to Programs and Benefits".
- Funds prevention programs aimed at reducing falls and promoting exercise.
- Publishes a multicultural brochure explaining services available to older individuals in 12 languages.

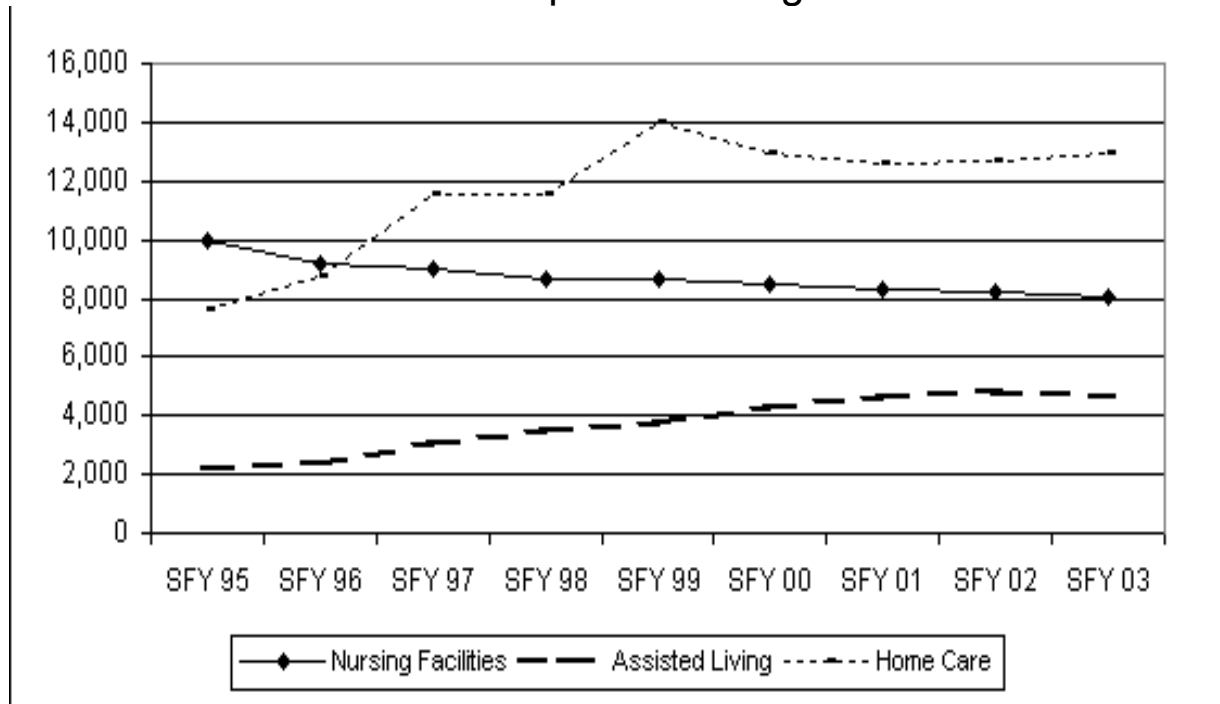
Disability Determination Services: This program is entirely federally funded. Its staff, which includes 33 Claims Examiners and Adjudicators, 7 Medical Consultants and 7 Psychological Consultants, processes applications for disability payments under Social Security. In 2004 the division adjudicated 20,517 claims.

Long-Term Care: This program manages in-home long-term care services to assist eligible consumers to avoid or delay inappropriate institutionalization, and manages other programs that require medical eligibility determinations or level of care. Selected activities:

- Manages statewide pre-admission screening, which is the single point of entry for all state and MaineCare funded long-term care services. The free, independent assessment informs 16,000 consumers annually about their long-term care options and what services are available.
- Has administrative responsibilities for MaineCare services provided to individuals recovering from traumatic brain injury, low income individuals in assisted living programs and adult family care homes, and for adult day health programs.
- 12,955 people received long-term care services in their homes during SFY 03.
- The number of persons served in home or community settings grew from 9,800 in 1995 to 18,000 in 2003.
- Conducts consumer surveys of persons served by the Assessing Services Agency (GHS Data Management) and the Home Care Coordinating Agency (Elder Independence of Maine). Overall both agencies received high marks from their consumers.

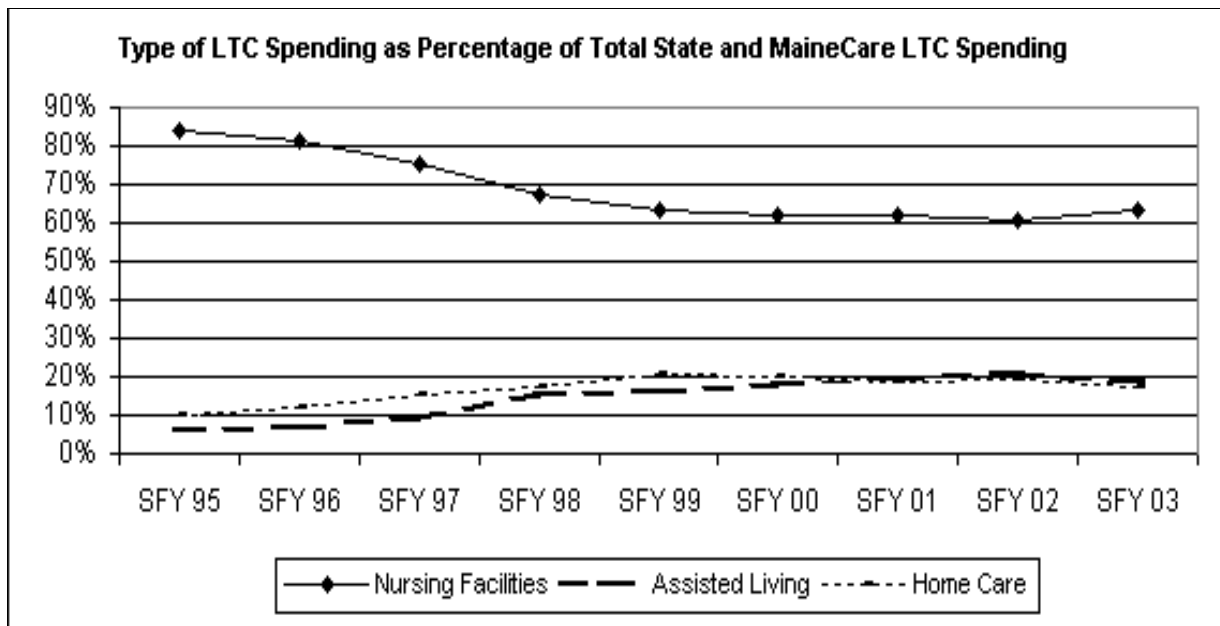
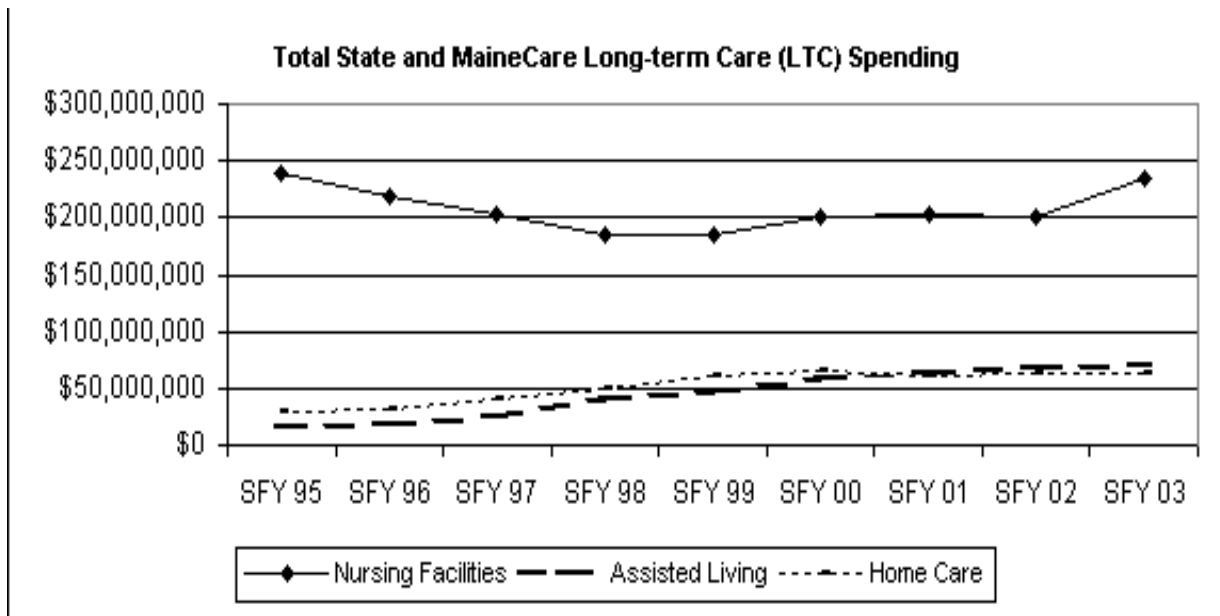
Maine Alzheimer's Project: The Bureau is collaborating with home care providers, the aging network and other agencies funded to work toward a more consumer-friendly long-term care system to increase access to an array of services for caregivers of people with Alzheimer's. A three-year federal grant to BEAS from the Administration on Aging supports this effort to expand the caregiver companion program and add mental health and end-of-life and hospice care referral services for families affected by Alzheimer's disease. These services build on two model programs that were developed with an earlier federal grant that provide physician practices access to Alzheimer project staff who have expertise about dementia and resources in the community available to their patients.

Long-term Care in Maine Where are People Receiving Services?



Data Source: Bureau of Elder and Adult Services, Bureau of Medical Services, 4/04.

State and MaineCare Spending



Data Source: Bureau of Elder and Adult Services, Bureau of Medical Services, 4/04.

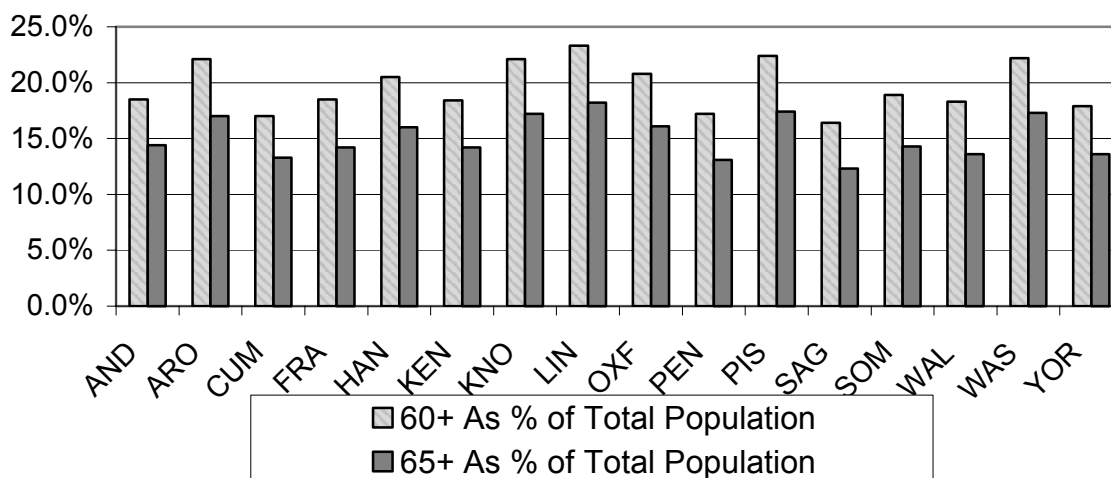
Income Status

- 10% of persons age 65 and older in Maine had incomes below the Federal Poverty Level*
- 11% of persons age 75 and older in Maine had incomes below the Federal Poverty Level
- The 2000 Census identified 8,209 persons 65 to 74 years and 9,670 persons 75 years and over living in Maine as below the Federal Poverty Level.

Age 65 and Older Below Poverty

County	Total 65+	Age 65+ Below Poverty	as % of total 65+
Androscoggin	14,962	1,532	10%
Aroostook	12,551	1,891	15%
Cumberland	35,324	2,499	7%
Franklin	4,184	382	9%
Hancock	8,285	755	9%
Kennebec	16,605	1,624	10%
Knox	6,832	525	8%
Lincoln	6,107	564	9%
Oxford	8,793	831	9%
Penobscot	18,920	1,996	11%
Piscataquis	2,995	397	13%
Sagadahoc	4,334	268	6%
Somerset	7,278	879	12%
Waldo	4,947	583	12%
Washington	5,856	1,076	18%
York	25,429	2,077	8%
Total	183,402	17,879	10%

Maine Residents 60+ and 65+ as % of Total County Population



Data Source: U.S. Census, 2000

Program Report Comparison - FY 01 through FY 03

Long-term Care Services

	FY 01	FY 02	FY 03
Long-Term Care Assessments	23,830	24,047	21,268
Home Based Care-Elders and Adults	3,863	3,873	2,359
Elderly HCBS	1,142	1,110	1,240
Physically Disabled HCBS	410	425	456
Private Duty Nursing/Personal Care Services	1,410	1,427	2,048
Assisted Housing Programs: Independent Housing Plus Services	260	234	319
Assisted Housing Programs	199	308	193
Adult Family Care Homes, MaineCare Consumers	93	105	128
Adult Day Services Programs	119	155	131
Homemaker Services	1,664	1,764	2,194
Alzheimer's Respite	430	472	1,169

Community Services

People served meals: community sites and home-delivered	13,565	13,626	13,876
Senior Community Service Employment Program participants	89	88	98
Volunteer service programs	3,409	4,032	3,024
Health Insurance Counseling; Outreach & I/A; MMEP	38,553	36,088	38,274
Family Caregiver	NA	9,883	6,261
Transportation	2,260	3,022	2,387

Adult Protective Services

Active Guardianship and/or Conservatorship	756	776	765
APS Intake Unit total calls	10,782	12,909	14,189
Protective Referrals	2,893	2,999	2,848

Long Term Care Facilities

Nursing facility beds converted to residential care	102	44	24
Other residential care beds developed	7	8	11
Assisted Living Units developed, Type III and IV CHSP	59	31	0
Adult Family Care Home beds developed	36	18	24
Alzheimers beds developed	0	0	0
Certificate of Need decisions on nursing facility projects	4	5	3

Long Term Care Ombudsman

Complaints investigated	1,649	1,633	1,664
Cases opened	787	1,178	836
Requests for information handled	1,017	1,160	1,299

Legal Services for the Elderly

Consumers served by LSE (includes HIC callers)	6,197	5,180	6,945
Consumers calling LSE for Health Insurance Counseling	2,734	2,515	3,996

Source: Maine Department of Human Services, 10/03